



1976-1979 Ford F100 4WD  
 1976-1979 Ford F150 4WD  
 1978-1979 Ford Bronco 4WD  
 # FTBA76 | 0"-9" Lift Heights

1967-1977 Ford Bronco 4WD  
 # FTBA67 | 0"-7" Lift Heights  
**Adjustable Front Track Bar  
 Installation Instructions**

**Required Tools List:**

- SAE Sockets \ Wrenches (15/16" & 1-1/8")
- Pliers
- Safety Glasses
- Floor Jack
- Torque Wrench
- Lithium Grease
- Wheel Chock
- Measuring Tape

Before beginning installation, read these instructions thoroughly & completely. Please refer to Parts List to insure that all parts & hardware are received prior to disassembly of vehicle. If any parts are found to be missing, contact SKYJACKER® Customer Service at 318-388-0816 to obtain needed items. If you have any questions or reservations about installing this product, contact SKYJACKER® Technical Assistance at 318-388-0816.



**Component Box Breakdown:**

**Part # FTBA67**

Item #	Description	Qty
FTBA67-B	BAR, LONG END @ FRAME	1
FTBA67-RE	BAR, SHORT END @ AXLE	1
ES3498S	TURN BUCKLE	1
HB-FTBA67	HDWR BAG: FTBA67 / FTBA76	1

**Component Box Breakdown:**

**Part # FTBA76**

Item #	Description	Qty
FTBA67-B	BAR, LONG END @ FRAME	1
FTBA76-A	BAR, SHORT END @ AXLE	1
ES3498S	TURN BUCKLE	1
HB-FTBA67	HDWR BAG: FTBA67 / FTBA76	1

**Hardware Bag Breakdown:**

**Part # HB-FTBA67**

Item #	Description	Qty
2501	BUSHING, LARGE @ AXLE, 1" ID	2
2502	BUSHING, SMALL @ FRAME, 3/4" ID	2
GMCL	SLEEVE, 3/4 OD X 5/8 ID X 1-3/4 L	1
TS01	SLEEVE, 1 OD X 3/4 ID X 1-3/4 L	1
TS02	SLEEVE, 3/4 OD X 9/16 ID X 1-3/4 L	1

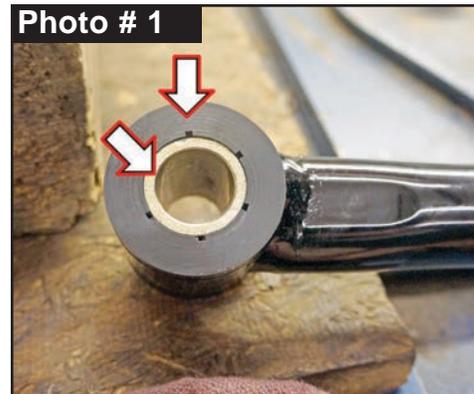
**Hardware Bag Breakdown:**

**Part # HB-FTBA76**

Item #	Description	Qty
2501	BUSHING, LARGE @ AXLE, 1" ID	2
2502	BUSHING, SMALL @ FRAME, 3/4" ID	2
TS01	SLEEVE, 1 OD X 3/4 ID X 1-3/4 L	1
TS02	SLEEVE, 3/4 OD X 9/16 ID X 1-3/4 L	1

## **Pre-Installation Tips: Install Bushings & Sleeves.**

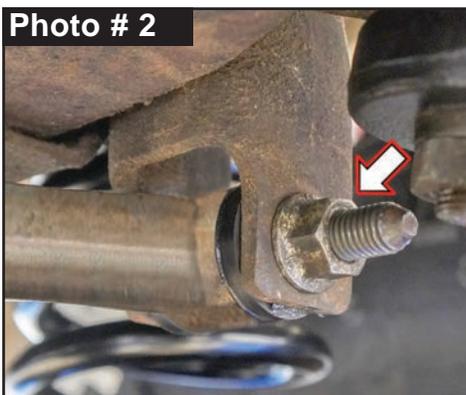
1. Coat supplied 1" OD Bushings with a water resistant lithium grease & press into eyelet of Skyjacker track bar. Coat supplied 1" OD x 3/4" ID Sleeve & press into track bar eyelet bushings. (Photo # 1)
2. Coat supplied 3/4" OD Bushings with a water resistant lithium grease & press into eyelet of Skyjacker track bar. Coat supplied 3/4" OD x 9/16" ID Sleeve & press into track bar eyelet bushings.  
**1976-1977 Bronco:** Use supplied 3/4" OD x 5/8" ID sleeve.



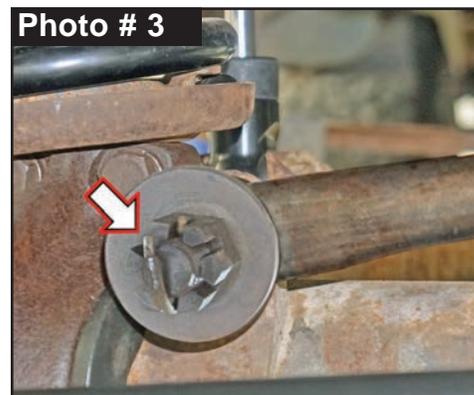
## **Installation: Note: Save all factory components & hardware for reuse, unless noted.**

1. Chock rear tires \ wheels. Ensure that vehicle transmission is in PARK and engage emergency brake. **Note:** Be sure steering wheel \ wheels are pointing straight forward.
2. **Tech Note:** It may be necessary to raise \ lower axle to disconnect OEM track bar bolts. A ratchet strap attached between frame & front differential can be helpful to take load off front track bar.

Disconnect OEM track bar from driver side OEM track bar frame mount bracket using a 15/16" socket \ wrench. (Photo # 2)  
Remove & retain OEM hardware.



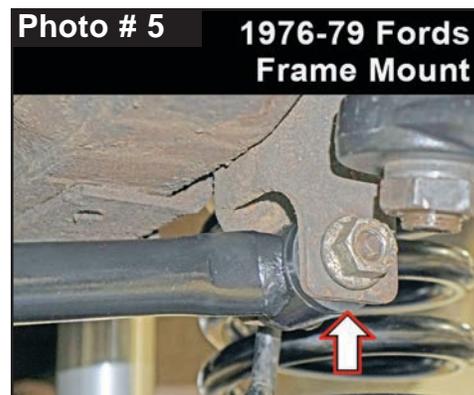
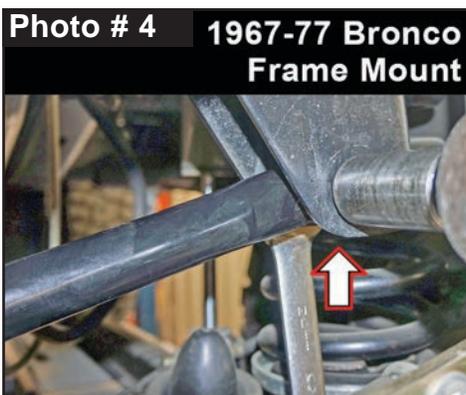
Disconnect OEM track bar from passenger side OEM track bar axle mount bracket.



Remove cotter pin using pliers.

Remove nut using a 1-1/8" socket \ wrench. (Photo # 3) Retain OEM hardware.

3. Install Skyjacker Front Adjustable Track Bar with 3/4" ID eyelet to driver side upper frame mount with OEM hardware using a 15/16" socket \ wrench. Install OEM bolt from front-to-rear. (Photos # 4 or # 5)



- 4 Install Skyjacker Front Adjustable Track Bar with 1" ID eyelet to passenger side lower axle mount with OEM hardware using 1-1/8" socket \ wrench. (Photos # 6 or # 7)

**Tech Note:** Rotating turn buckle to align track bar bolt may be necessary.

Install OEM cotter pin.

**Note:** Ensure castle nut & cotter pin align properly. Never loosen castle nut to align cotter pin; always tighten.

**Photo # 6 1967-77 Bronco Frame Mount**



**Photo # 7 1976-79 Fords Frame Mount**



5. With vehicle on ground, check front of vehicle to make sure body is centered over front axle.

Measure from outside of frame rail to inside of tire \ wheel on each side. Or use a straight edge on outside of tire to measure to fender \ body on each side in order to find axle center.

**Note:** Be sure to measure in same position on each side.

**Tech Note:** If side-to-side measurement is off by a total of 1", then you would need to adjust track bar half the distance to center. (Example: 1/2 of 1" = 1/2", 1/2 of 1/2" = 1/4", etc).

Adjust Skyjacker Front Adjustable Track Bar by rotating turn buckle. First loosen turn buckle bolts using a 15/16" socket \ wrench. (Photos # 8)

Rotating turn buckle clockwise shortens track bar, moving axle towards driver side of vehicle.

6. Position Skyjacker turn buckle clamps so there is clearance during complete suspension travel. Cycle steering from side to side & check for adequate clearance. Tighten turn buckle clamp hardware using a 15/16" socket \ wrench.

**Photo # 8**

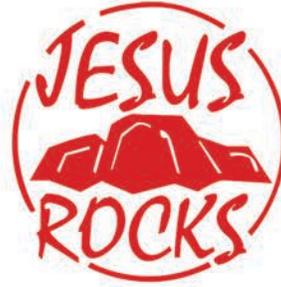


**Final Notes:**

- After installation is complete, double check that all nuts & bolts are tight.
- With vehicle placed on ground, cycle steering lock to lock & inspect steering for proper operation, tightness & adequate clearance.
- After first 100 miles, check all hardware for proper torque & periodically thereafter.

TORQUE SPECIFICATIONS					
INCH SYSTEM			METRIC SYSTEM		
Bolt Size	Grade 5	Grade 8	Bolt Size	Class 8.8	Class 10.9
5/16	180 in-lbs	240 in-lbs	6MM	102 in-lbs	108 in-lbs
3/8	30 ft-lbs	35 ft-lbs	8MM	16 ft-lbs	23 ft-lbs
7/16	45 ft-lbs	60 ft-lbs	10MM	32 ft-lbs	45 ft-lbs
1/2	65 ft-lbs	90 ft-lbs	12MM	55 ft-lbs	75 ft-lbs
9/16	95 ft-lbs	130 ft-lbs	14MM	85 ft-lbs	120 ft-lbs
5/8	135 ft-lbs	175 ft-lbs	16MM	130 ft-lbs	165 ft-lbs
3/4	185 ft-lbs	280 ft-lbs	18MM	170 ft-lbs	240 ft-lbs

**Above Specifications Are Not to Be Used When Bolt Is Being Installed With a Bushing.**



**JESUS  
FORGIVES  
ROCKS  
DON'T**

**Jesus Christ Died For You.**

John 3:16

For God so loved the world that He gave His only Son, so that everyone who believes in Him should not perish, but have everlasting life.  
Romans 3:23

For all have sinned; all fall short of God's glorious standard.  
Ephesians 2:8

God saved you by his special favor when you believed. And you can't take credit for this; it is a gift from God.  
Psalms 18:2

The Lord is my Rock, my fortress, and my savior; my God is my Rock, in whom I find protection. He is my shield, the strength of my salvation, and my stronghold.  
Romans 10:9-10

That if you shall confess with thy mouth the Lord Jesus, and shall believe in your heart that God hath raised him from the dead, you shall be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

**Pray This Simple Prayer:**

God, I come to You admitting I have sinned against You and I need you to take control of my life. The Bible says anyone who calls on the name of the Lord will be saved. I am calling on You, Jesus. I ask that You come live in my heart and be the Lord over my life today. I do believe You died on the cross for me and came back to life to give me life! Thank You, Lord Jesus for a new life in You!

Now, go and tell somebody about your new life in Jesus, get a Bible, begin to read it, and go to a Bible believing church.

If you would like someone to pray with you, call Kenneth Copeland Ministries anytime at 800-600-7395.

To listen to commercial free Christian radio on the web, go to [www.887fm.org](http://www.887fm.org)

**Jesús murió por ti.**

Juan 3:16

“Porque tanto amó Dios al mundo, que dio a su Hijo unigénito, para que todo el que cree en él no se pierda, sino que tenga vida eterna.”  
Romanos 3:23

“Pues todos han pecado y están privados de la gloria de Dios.”  
Efesios 2:8

“Porque por gracia ustedes han sido salvados mediante la fe; esto no procede de ustedes, sino que es el regalo de Dios.”  
Salmos 18:2

“El Señor es mi roca, mi amparo, mi libertador; es mi Dios, el peñasco en que me refugio. Es mi escudo, el poder que me salva, ¡mi más alto escondite!”  
Romanos 10:9-10

“9 Que si confi esas con tu boca que Jesús es el Señor, y crees en tu corazón que Dios lo levantó de entre los muertos, serás salvo. 10 Porque con el corazón se cree para ser justifi cado, pero con la boca se confi esa para ser salvo.”

**Ahora dí esta simple oración:**

Dios, vengo a Ti y admito que he pecado contra Ti, necesito que tomes el control de mi vida. La Biblia dice que todo aquel que invoca el nombre del Señor escapará con vida. En este momento yo clamo ante Ti, Jesús; te pido que vengas a vivir en mi corazón y que tomes el control de mi vida. ¡Yo creo que tu moriste en la cruz y resucitaste para darme vida! ¡Gracias Señor Jesús, por una nueva vida que tengo en Ti! Amen.

Ahora ve y dile a alguien sobre la nueva vida que tienes en Cristo. Compra una Biblia y empieza a leerla. Busca una Iglesia que cree en la Biblia y hazte parte de esa Iglesia.

Si te gustaría orar con alguien, puedes llamar a este número 800-600-7395

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